



## ART THERAPY CENTER

### Poems of Witness:

#### Helping Professionals Practice with Heart in a Conflicted World



Truthfulness, honor, is not something which springs ablaze of itself, it has to be created between people.

--Adrienne Rich

**Friday October 8, 2010** - This will be a full day workshop featuring John Fox, poetry therapist and nationally known advocate for arts in medicine programs. This workshop is relevant for anyone seeking to integrate their own creativity into their work and self-care as well as finding way to help clients express all that they need to express. It is relevant for mental health, medical, pastoral and educational professionals as well as those seeking to bring art and poetry into their own personal journeys of growth and healing. 5.5 CEU's approved for LPC/LMFT/LCSW

This workshop is co-sponsored by **Behavioral Medicine Services of NRH** and will be held at Norman Regional Hospital Education Center. Come for a day of inspiration and renewal in your role as a compassionate helping professional, as well as to learn some basic approaches in helping clients express themselves through writing.

**FOR INFORMATION EMAIL [JOANPHILLIPS@OU.EDU](mailto:JOANPHILLIPS@OU.EDU) COST IS \$85**



**Norman Regional**  
HEALTH SYSTEM

October 8 Schedule:

8:30-9 Registration

9-10:30 John Fox lecture (auditorium)

10:30-10:45 break

10:45-noon Poetic Medicine, the documentary (auditorium)

Noon-1 Lunch on your own

1-2:30 Breakout workshops- (breakout rooms)

1. John Fox- writing for health, integrating writing into your own practice and self-care

2. Joan Phillips- integrating art and writing in counseling with children and adults

2:30-2:45 break

2:45- 4:00 Auditorium lecture on arts in medicine including behavioral health; program examples; case sharing

4:00 adjourn- turn in evaluation to receive ceu certificate

To reserve space email to

[joanphillips@ou.edu](mailto:joanphillips@ou.edu) to receive reminders or more information

Cost of the workshop is \$85 payable by check to Joan Phillips either in advance or at the door. Please rsvp your intention to attend and note whether you would prefer breakout 1 or 2- they are on a first-come basis.

## About John Fox

John Fox, Certified Poetry Therapist, is a poet and author of *Finding What You Didn't Lose: Expressing Your Truth and Creativity through Poem-Making* and *Poetic Medicine: The Healing Art of Poem-Making*. His essays and poems are featured in the following book titles:



Photo by: Paula Leslie

- *The Healer, Dancing With the Healing Spirit*
- *The Spirit of Writing*
- *The Soul of Creativity*
- *Teaching With Fire*
- *The Healing Environment*
- *Supportive Cancer Care*
- *Writing the Sacred: A Psalm Inspired Path*
- *The Whole Person and the Human Face of Healthcare*
- *Healing words: poetry and medicine- documentary produced by PBS*

John teaches regularly at the collegiate and post graduate level as an adjunct faculty member of the [California Institute of Integral Studies](#), [John F. Kennedy University](#), [Institute of Transpersonal Psychology](#), the [University of California, Santa Cruz](#) and [Holy Names University](#).

His work reaches people in hospitals, churches and retreat centers. Throughout his career, John has returned to working with children. He has presented in all regions of the United States, as well as the United Kingdom, Ireland, Israel, South Korea, Kuwait and Canada. In addition, his work influences people and poetry therapy practitioners in the Philippines, Greece, Lithuania, Iceland, Peru, Sicily, France and Japan.

John has been leading writing workshops and retreats for the public for twenty-four years. He has presented at Harvard Medical School, Stanford Medical School, Omega Institute, Esalen, as well as many Wellness Communities across the country.

People in therapeutic, healing, medical, teaching and pastoral professions benefit deeply and find practical support as they reconnect to the inner impulse that drew them to their professional calling while discovering inner resources that will sustain them in their daily lives.