Seven Gifts: Poem a Pathway for Renewal

Presented by John Fox, CPT
Phoenix • February 24-26, 2017

Poetry is a life-cherishing force.
~ Mary Oliver

In this Friday evening talk and weekend retreat, John will lead us on a journey that names “seven gifts” of renewal given to us by poetry and poem-making. The intention is to serve as encouragement and catalyst for your vocation and personal journey.

These gifts and this renewal are accessible in the midst of living this life—with its sorrow and joy, travail and adventure, the daily experience of being human and a deeper spiritual current that speaks to a greater mystery—poetry provides a perspective and felt-experience that can be recognized and received as gift.

Seven Gifts

Discovery of meaning and connection.
A way to sharpen the practice of mindfulness.
Poetry-as-Healer encourages embodiment.
Poem-Making invites play and imagination.
A way of asking questions, where a question is not in search of an answer. Questions ask to be held.
Relationships infused with compassion, vulnerability and courage.
The gift shared with another.

The retreat will include gentle, evocative and poignant writing prompts that will reveal to us these gifts. No prior experience with poem-making is necessary—and “beginner’s mind” is welcomed among all participants.

Date: February 24-26, 2017
Friday: 7:00 – 9:30pm; Saturday: 10:00am – 5:00pm; Sunday: 9:30am – 12:30pm
Location: Villa Del Coronado, 150 E. Coronado Rd., Apt 25
Fee: $130

For more information: Quinn McDonald at Quinn.classes@gmail.com

Two scholarships are available.
Saturday lunch we will order in from a local deli or you may bring your own brown bag lunch.
Refreshments will be provided.

John Fox is the most sensitive and effective teacher of poetic medicine I know. He listens to both poem and person deeply, and he is a master at guiding others.
Cortney Davis, NP
Redding, CT

Registration Form

Reserve your place for Seven Gifts: Poetry as a Pathway for Renewal with John Fox, Friday evening through Sunday at 12:30, February 24-26, 2017. Please send this registration form and a deposit check of $40 payable to The Institute for Poetic Medicine to: Poetry, Quinn McDonald, 207 W. Clarendon Ave., Unit 14E, Phoenix, AZ 85013-3438. The balance of $90 will be due at start of retreat, payable by cash, credit card, or check.

Name __________________________
Address __________________________
City/State/Zip __________________________
Phone: work (______) home (______) E-mail __________________________

☐ Please check if you will bring your own bag lunch.